

MOMMS

BACK TO SCHOOL BINGO

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Once the kids go back to school, get back to the routine of taking care of your agenda.

	M	O	M	M	A
LIST	Go to lunch with a friend	Purge the toys without the kids permission	Schedule a massage	Organize photos	Take a nap after lunch before the bus drops the kids off
BUCKET	Stay in pajamas until noon (or later)	Workout in the middle of the day	Finish that book you have been working on	Go shopping alone	Go to lunch with another friend
SCHOOL	Enjoy HOT coffee and your favorite morning news show once the bus has picked up the kids	See a movie alone	FREE SPACE	Marie Kondo your closet	Watch all 4 hours of the Today Show
TO	Enjoy a glass of wine with lunch	Eat your lunch in siilence	Binge watch something on Netflix ALL DAY	Indulge in a manicure and pedicure	Take a long hot shower with no interruptions
BACK	Spend the afternoon at your favorite shops	Take a walk and listen to a new podcast	Sit outside and catch some rays	Go to the bathroom ALONE	Try a new midday class